

HEALTH AND WELLNESS INTERN

Session Commitment: 12 Weeks (Orientation and 5 Sessions)



The Health & Wellness internship role is critical to the successful operation of the Camp Ozark Health Centers and management of the Health & Wellness intern team. Interns assist the Health Center Coordinators with Health Services operations, supporting a variety of projects, tasks, and processes which may include restocking, organizing, transportation, and other administrative tasks. Health & Wellness interns serve as a support to the health services team and do not provide medical care to campers outside the scope first aid training received at Camp Ozark.

Interns can expect to receive in-depth management training and coaching and gain hands-on experience in operations management, staff supervision, project management, customer service, business administration, and leadership.

KEY RESPONSIBILITIES:

- Assist the Health Center Coordinator in managing Health & Wellness intern team
- Assist in managing a variety of Health Services projects, administration, and daily tasks
- Participate in the coordination of logistics
- Assist with the transportation of medications and/or patients in-camp or out-of-camp
- Assist Leadership in maintaining standards and accountability throughout camp operations
- Supervise, support, and coach summer staff
- Evaluate and provide real-time feedback to staff under supervision

PROGRAM COMPONENTS:

Successful completion of this program includes fulfillment of the following:

- All Top Staff training, responsibilities, and assigned duties
- A pre-camp curriculum consisting of a collection of podcasts, videos, articles, essays, sermons, and other materials (roughly 15-20 hours of material)
- Attendance of a leadership development seminar each session conducted by Camp Ozark Leadership Staff
- Submission of an operational review report per each session of employment
- Participation in a mid-program performance review and an exit evaluation
- Submission of the Operational Excellence Capstone Project within two weeks of completing session commitment

This internship is designed for the following majors: Nursing, Pre-Med, Pre-Dental, Biology, Physical Therapy, Pre-Physician's Assistant, Occupational Therapy, Hospital Administration

SAMPLE RESUME



Health and Wellness Intern, **Camp Ozark**

May 2027-Aug. 2027

- Contributed to the management of health services operations serving 7,000+ campers and 800+ staff throughout the summer
- Worked directly with medical professionals in a support role gaining exposure to patient care in practice
- Assisted company leadership in maintaining standards and accountability throughout camp operations
- Provided coaching, support, and performance evaluations to staff under supervision
- Submitted an Operational Excellence Capstone Project detailing proposed organizational improvements